

LVPA DANCE DEPARTMENT DRESS CODE FOR FEMALE DANCERS

To be followed at all times...no exception

- Freshmen:** Ballet: Black leotard, pink tights, pink canvas or leather ballet slippers
Modern: Black leotard, black or pink footless tights
Improvisation: Any color leotard, any color footless tights
Rehearsal: Black leotard, tights (pink or black, footless or footed)
Jazz Elective (See note below): Black leotard, black or pink tights,
black jazz **oxfords**
Pointe Elective (See note below): Black leotard, pink footed tights,
pink pointe shoes, dance skirt
- Sophomores:** Ballet: Hunter Green and/or Iridescent Green leotard, pink tights, pink canvas
leather ballet slippers
Modern: Hunter Green and/or Iridescent Green leotard, black or pink footless
tights
Improvisation: Any color leotard, any color footless tights
Rehearsal: Hunter Green and/or Iridescent Green leotard, tights (pink or black
footless or footed)
Jazz Elective (See note below): Hunter Green leotard and/or Iridescent Green,
Black or pink tights, black jazz **oxfords**
Pointe Elective (See note below): Hunter Green and/or Iridescent Green, pink
footed tights, pink pointe shoes, dance skirt
- Juniors:** Ballet: Burgundy and/or Garnet leotard, pink tights, pink leather or canvas ballet
slippers
Modern: Burgundy and/or Garnet leotard, black or pink footless tights
Rehearsal: Burgundy and/or Garnet leotard, tights (pink or black, footless or footed)
Composition: Any color leotard, any color footless tights
Jazz Elective (See note below): Burgundy and/or Garnet leotard, black or pink tights
black jazz **oxfords**
Pointe Elective (See note below): Burgundy and/or Garnet leotard, pink footed tights
pink pointe shoes, dance skirt
- Seniors:** Ballet: Navy Blue and/or Royal Blue leotard, pink tights, pink canvas or leather ballet
slippers
Modern: Navy Blue and/or Royal Blue leotard, black or pink footless tights
Rehearsal: Navy Blue and/or Royal Blue leotard, tights (pink or black footless or footed)
Composition: Any color leotard, any color footless tights
Jazz Elective: (see note below) Navy Blue and/or Royal Blue leotard, black or pink tights
black jazz **oxfords**
Pointe Elective (See note below): Navy Blue and/or Royal Blue leotard, pink footed
tights, pink pointe shoes, dance skirt

**NOTE: Do not purchase any shoes specifically for electives until you
have been scheduled in your elective class**

Hair is a part of the dress code. You must have your hair worn pulled tightly back in a bun or barrette(s) for all classes. **No bangs are permitted.** Hair must be neat and orderly for all classes. Hair spray should be used for any fly-away hair. For short hair, a headband or clips should be used to secure it away from the neck and face. Ponytails, pigtails, and plaiting of any kind, are not acceptable.

SPECIAL NOTES ABOUT:

Leotards: Leotards may have a contrasting TRIM color, but must be of a solid color otherwise. You may purchase leotards in any of the many styles now available, but please **pay particular attention to your build.** If you are larger on top, you will want to stay away from camisole-style leotards. Only nude colored dance support garments are permitted under camisole leotards as bra straps will be visible if a bra is worn.

Tights: Tights with rips or holes are not to be worn. Thread and needle will provide quick repair.

Undergarments: Undergarments, unless nude colored dance support garments, are not to be seen.....ever! Sports bras count as undergarments.

Jewelry and Piercings: **Jewelry is not permitted in the studios.** The only exception is one pair of small post earrings worn in the earlobes. Gauges (18 gauge and up), belly button, lip, eyebrow, cartilage, and nose piercings are absolutely not permitted for aesthetic and safety reasons. If students are seen with these piercings, they will be asked to remove it/them immediately. Consideration will not be made for any new piercings.

Manicures and Pedicures: Dancers must keep their toenails and fingernails short because of safety and aesthetic issues. Fingernails may be painted a conservative shade of light pink or neutral. Toenail polish is not permitted. If nail polish goes beyond the bounds of the neutral colors (to be determined by the instructor), the student will be told to remove it immediately. Polish remover will be kept in the studios. Consideration will not be made for a freshly purchased manicure or pedicure.

Tattoos: Dancers are not permitted to have visible tattoos. Be mindful that a dancer never knows what parts of his or her body will be visible in any required costume. If a student has a visible tattoo, it will lead to removal from any rehearsal group or informal auditions.

Tanning: Planned tanning, natural or purchased, is an undesirable activity for a performer.

“Warm-up” Clothes: No warm-up clothes or cover-up clothes are permitted once class has begun. Skirts are permitted only for pointe class.

Medical Devices: Devices such as knee, ankle and back braces are not to be worn by any student during a class or rehearsal without explicit directions from an orthopedic surgeon or the dance department’s athletic trainer.

Hair Dyes: Dancers are not permitted to change the color of their hair to an unnatural color. Natural colors are brown, black, blonde, natural red....the colors people are born with. Hair also may not be dyed two distinct, contrasting colors. If cast in a ballet piece, dancers must check with their choreographer before cutting their hair.

Dancers are not to wear their dance clothes outside or for their regular academic classes.

Dance clothes are to be washed regularly. It is recommended that dancers own at least four leotards in their class color and four pair of pink and black tights.