

Daily Symptom Monitoring

Please complete this checklist on a daily basis with your child to monitor for symptoms of COVID-19.

Has your child been recently exposed to anyone with a confirmed case of COVID-19?

If yes, the student should stay home from school UNLESS

- The student is fully vaccinated and does not have symptoms.
- Both the positive individual and the contact were within 3 to 6 feet of one another, engaged in consistent and correct use of well-fitting masks and the contact does not have symptoms.
- The student was previously diagnosed with COVID-19 within the last 3 months and does not have symptoms.

If a student does not meet any of the above criteria, the student can return to school 10 days after the last time that they had close contact with someone diagnosed with COVID-19 if no symptoms were reported during daily monitoring. If the student is tested and receives a negative test result, quarantine can end after day 7 if the test was done on or after day 5 and if no symptoms were reported during daily monitoring.

Column A If you checked 1 or more symptoms, student should stay home from school	Column B If you checked 2 or more symptoms, student should stay home from school		
<input type="checkbox"/> Fever (100°F or higher) <input type="checkbox"/> Cough <input type="checkbox"/> Shortness of breath <input type="checkbox"/> Difficulty breathing <input type="checkbox"/> Nausea or vomiting <input type="checkbox"/> Diarrhea <input type="checkbox"/> Lack of smell or taste (without congestion)	<table style="width: 100%; border: none;"> <tr> <td style="width: 50%; vertical-align: top;"> <input type="checkbox"/> Sore throat <input type="checkbox"/> Chills <input type="checkbox"/> Muscle pain </td> <td style="width: 50%; vertical-align: top;"> <input type="checkbox"/> Headache <input type="checkbox"/> Congestion or runny nose <input type="checkbox"/> Fatigue </td> </tr> </table>	<input type="checkbox"/> Sore throat <input type="checkbox"/> Chills <input type="checkbox"/> Muscle pain	<input type="checkbox"/> Headache <input type="checkbox"/> Congestion or runny nose <input type="checkbox"/> Fatigue
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1 For a current list of symptoms see CDC’s website: <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>

2 The temperature considered a fever during screening differs based on how temperature is taken. Any fever reported by an employee, even if no thermometer was used, should be considered as symptomatic